SafeVoices
Working to End Domestic Violence

Administration Office: P.O. Box 713
Auburn, Maine 04212-0713
Tel (207) 795-6744
Fax (207) 795-6814
Helpline 1-800-559-2927
www.safevoices.org

Nov. 25, 2025

Town of Lisbon
300 Lisbon St.
Lisbon, ME 04250

Dear staff and residents of the Town of Lisbon,

Safe Voices is the domestic violence & sex trafficking resource center serving Androscoggin, Franklin, and Oxford Counties. Each year, we reach out to the towns in our service area to request support for our services to survivors within these communities.

Last year, Safe Voices supported 2,677 individuals affected by domestic violence and sex trafficking. This included 2,120 survivors as well as 557 third parties (this is made up of law enforcement, medical professionals, loved ones, and concerned others who reach out for information on how to support a survivor they have encountered). The services we provide to these individuals include emergency safety planning; long-term advocacy (including court advocacy when survivors are navigating the court system to hold their abuser accountable); emergency shelter; support with essentials like food, gas, diapers, and more; transportation when fleeing abuse; and long-term, supportive advocacy throughout their journey to a life free of abuse.

All of our services are **free and confidential**, with the exception of our Certified Domestic Violence Intervention Program for offenders who use abusive behaviors in their relationships. These classes, certified by the Maine Department of Justice, cultivate accountability and provide skills to change the beliefs and behaviors that cause people to choose to abuse their families.

This year we are requesting $500 to continue this vital work and provide our community services to Lisbon citizens.

If there is other information that would be helpful, or you would like a representative from Safe Voices to attend any of the town's finance or budget committee meetings or the annual town meeting, please do not hesitate to contact us at giving@safevoices.org.

With gratitude for your town's consideration,
Grace Kendall
Director of Development & Engagement

Safe Voices is funded in part by: The Maine Department of Health and Human Services; Maine State Housing; The Tri-Valley, Oxford and Androscoggin United Way; and is a CDBG Assisted Agency of the Cities of Lewiston and Auburn.

LIFEFLIGHT OF MAINE
The LifeFlight Foundation

November 2025

Glenn Michalowski, Town Manager
Town of Lisbon
300 Lisbon St
Lisbon, ME 04250

Greetings,

We are fortunate to call Maine home. It is a state defined by its rugged beauty, close-knit communities, and resilient people. That spirit of resilience and connection is at the heart of LifeFlight of Maine's mission.

Since 1998, we have transported over 41,00 patients, rapidly delivering ICU-level care to people facing the worst moments of their lives — cardiac arrests, strokes, traumatic injuries, and newborn medical emergencies. **In this moment when our healthcare system seems fragile, LifeFlight continues to respond to greater demand for its services statewide. We cannot do it alone. We need your community's support.**

In the last 27 years, LifeFlight has transported 112 patients from Lisbon. Each transport represents someone whose life depended on the speed, skill, and ICU-level care our teams deliver. When you support LifeFlight, you are investing in your own community's access to critical care.

Please consider giving a gift of $2000, based on a $0.25 per capita rate. We are grateful for your partnership and commitment to our mission. We know that communities like yours have many important priorities. Supporting LifeFlight is one of the most direct, impactful ways to invest in the health and safety of Maine's people.

Thank you for believing in our mission, thank you for standing with us, and thank you for helping LifeFlight ensure access to critical care when it is needed most for every community in Maine.

Enclosed are FAQs and supplemental information about LifeFlight, a map depicting where the patients we transported last year live, and a map of Maine communities that support LifeFlight — as you'll see, it takes all of us coming together to make this work. We encourage you and the leaders in your community to reach out to us with any questions. If you need additional information or a specific application form is required to accompany this request, please let us know.

With grateful appreciation,

Joe Kellner
Chief Executive Officer
LifeFlight of Maine

Ashley MacMillan
Director of Annual Giving
The LifeFlight Foundation

LIFEFLIGHT OF MAINE
The LifeFlight Foundation

Ten Facts and Frequently Asked Questions about LifeFlight

1. **LifeFlight is a private, non-profit charitable organization with a public mission serving all of Maine.** We ensure access to lifesaving care for every person, in every community in Maine. We bring the doors of the trauma center to the patient's side.
2. **We care for all patients regardless of insurance status or ability to pay for care.** From July 2024 – June 2025 LifeFlight provided nearly $2.9 million of care to patients without insurance or the means to cover the cost of care, as well as significant discounts for Medicare and MaineCare patients. Government payers like Medicare and Medicaid, as well as Medicare Advantage Plans, only cover approximately 50% of the cost of providing the services. LifeFlight also wrote off over $240,000 to our charity care program. LifeFlight was built to work for Maine.
3. **From July 2024 – June 2025, LifeFlight transported 2,876 patients from 159 Maine communities**, islands, and unorganized townships– about 1 patient every 3 hours. LifeFlight has cared for more than 40,000 patients since September 1998.
4. **LifeFlight's five helicopters, airplane, and critical care ground ambulances are equipped as fully functioning mobile ICUs.** LifeFlight's critical care teams bring the trauma center intensive care unit level care — skills, medical technology, pharmacy, blood, and more — directly to a patient's side.
5. **What is the Community Giving Campaign?** Each year in the Fall, LifeFlight reaches out to every community in the state to ask for support. The request includes a suggested donation based on population; a $1.00 per capita rate for towns that have up to 1,000 residents; a $0.50 per capita rate for those with up to 2,000 residents; and a $0.25 per capita rate for all others, with asks typically capped at $2,000. The average gift size in 2024 was $656, and some towns give generously beyond what they are asked.
6. **How is LifeFlight funded?** LifeFlight operates much like a hospital emergency department, taking care of all patients and billing their insurance company. We contract with most major commercial insurance companies and participate in the Medicare and Medicaid programs. Most of our operational expenses are covered by patient fees, but we rely on The LifeFlight Foundation to support the purchase of new aircraft, medical equipment, infrastructure improvements, and to provide clinical education around the state.
7. **What types of patients do we transport?** Critically ill or injured patients of all ages needing specialized care beyond what can be provided by local hospitals - including premature infants, cardiac and stroke patients, complex traumatic injury, organ transplant, sepsis, burns, and serious obstetric complications. We use the strictest medical utilization criteria in the country to make sure all flights are medically necessary. Emergency medical providers are guided by state-mandated protocols based on the latest research and best practice.
8. **About 90% of patients are transported from community hospitals to major specialty centers, and 8% are transported directly from the scene of an emergency** - roadsides, woods, mountains, and islands. While most patients are transported to EMMC, MMC and CMMC, about 10% of patients are transported to Boston and beyond for specialized care not available in Maine.
9. **What other benefits to our town and region does LifeFlight provide besides critical care and transport?** We provide local critical care training to medical providers in specialized areas such as traumatic brain injury and pediatric trauma, critical medical diagnosis, and treatment. We also support weather systems, hospital helipads, and advanced aviation navigation systems across the state.
10. **LifeFlight of Maine is more than just helicopters.** From the minute our crews arrive — at the bedside of a patient in a community hospital, at an emergency scene in rural Maine, or in one of our many beloved mountain or island communities — they bring skills, experience, training, advanced medical equipment, and composure to deliver exceptional patient care that frequently improves outcomes.

LIFEFLIGHT OF MAINE

Community Giving Program

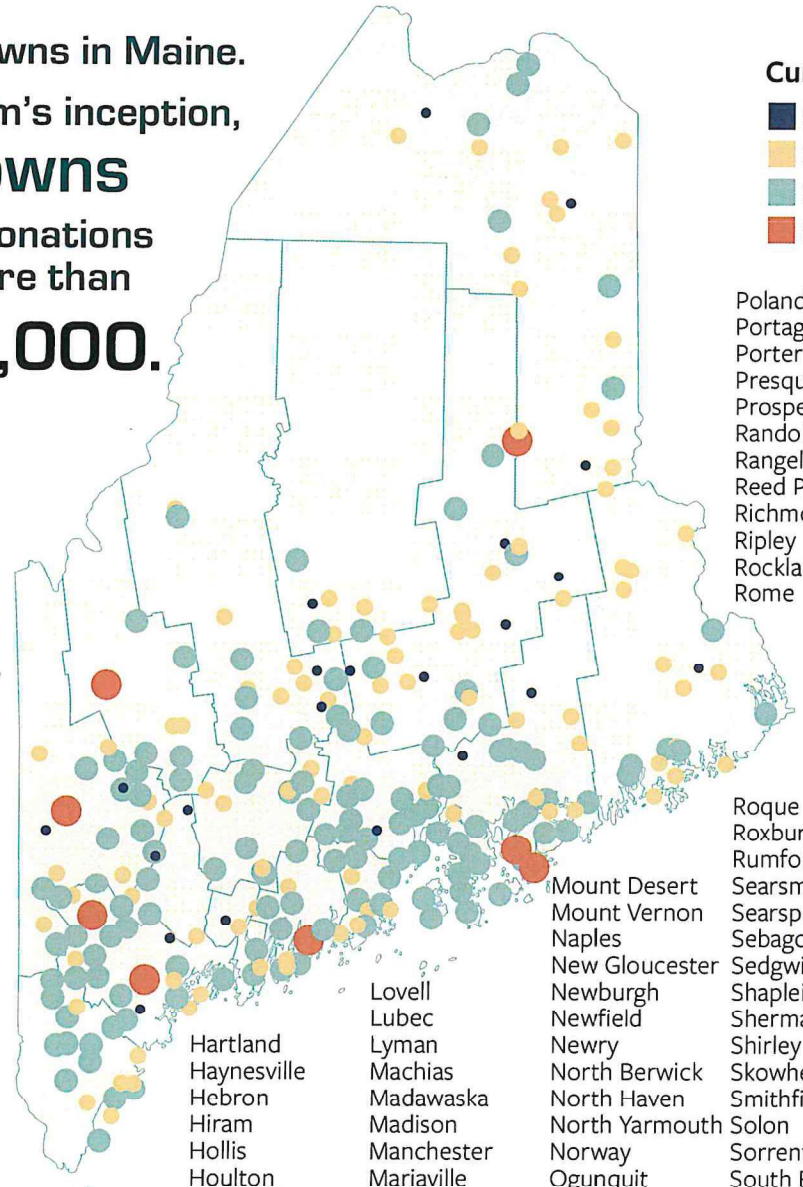
There are 465 towns in Maine.

Since the program's inception,

294 towns

have made donations totaling more than

$1,100,000.



Abbot
Acton
Addison
Albion
Allagash
Alna
Amherst
Amity
Andover
Anson
Appleton
Arrowsic
Arundel
Ashland
Athens
Atkinson
Avon
Baldwin
Bar Harbor
Bath
Beaver Cove
Beddington
Belfast
Belmont
Benton
Biddeford
Blue
Boothbay
Boothbay
Harbor
Bowdoin
Bowdoinham
Bowerbank
Bradley
Bremen
Bridgton
Bristol
Brooklin
Brooksville
Brownfield
Buckfield
Bucksport
Burlington
Buxton
Byron
Calais
Cambridge
Camden
Canaan
Canton
Caratunk
Carrabassett
Valley
Carthage
Cary Plantation
Casco
Castine
Caswell
Charleston
Charlotte
Chebeague
Island
Chester
Chesterville
China
Clifton
Clinton
Columbia Falls
Cooper
Corinth
Cornish
Cranberry Isles
Crawford
Crystal
Cumberland
Cushing
Cutler
Deblois
Dedham
Deer Isle
Denmark
Detroit
Dexter
Dixfield
Dover-Foxcroft
Dresden
Durham
Eagle Lake
Eastbrook
Edinburg
Embden
Etna
Eustis
Exeter
Falmouth
Farmingdale
Freedom
Freedom, NH
Frenchville
Friendship
Fryeburg
Garland
Gilead
Gorham
Gouldsboro
Grand Lake
Stream
Great Pond
Greenville
Guilford
Hamlin
Hammond
Hancock
Harmony
Harpswell
Harrison
Hartford
Hartland
Haynesville
Hebron
Hiram
Hollis
Houlton
Howland
Hudson
Isle au Haut
Islesboro
Jackman
Jonesboro
Jonesport
Kennebunk
Kennebunkport
Knox
Lakeville
Lamoine
Lebanon
Liberty
Limerick
Lincolnville
Linneus
Livermore Falls
Long Island
Lovell
Lubec
Lyman
Machias
Madawaska
Madison
Manchester
Mariaville
Mars Hill
Marshfield
Masardis
Matinicus
Mattawamkeag
Maxfield
Meddybemps
Medford
Mexico
Milford
Millinocket
Monhegan
Monmouth
Monson
Monticello
Montville
Moose River
Moscow
Mount Chase
Mount Desert
Mount Vernon
Naples
New Gloucester
Newburgh
Newfield
Newry
North Berwick
North Haven
North Yarmouth
Norway
Ogunquit
Orient
Orland
Orrington
Osborn
Otis
Otisfield
Owls Head
Oxford
Palermo
Palmyra
Parsonsfield
Passadumkeag
Pembroke
Penobscot
Perham
Peru
Phippsburg
Pittston
Plymouth
Poland
Portage Lake
Porter
Presque Isle
Prospect
Randolph
Rangeley
Reed Plantation
Richmond
Ripley
Rockland
Rome
Roque Bluffs
Roxbury
Rumford
Searsmont
Searsport
Sebago
Sedgwick
Shapleigh
Sherman
Shirley
Skowhegan
Smithfield
Solon
Sorrento
South Bristol
South Portland
Southport
Southwest
Harbor
Springfield
St. Albans
St. Francis
St. George
Stacyville
Standish
Steuben
Stockholm
Stockton Springs
Stoneham
Stonington
Stow
Strong
Sullivan
Sumner
Swans Island
Swanville
Sweden
Talmadge
Temple
Thomaston
Thorndike
Topsfield
Topsham
Tremont
Trenton
Turner
Union
Upton
Vanceboro
Veazie
Verona Island
Vinalhaven
Wade
Waite
Waldoboro
Wallagrass
Waltham
Warren
Washburn
Washington
Waterboro
Waterford
Waterville
Wayne
Weld
Wellington
Wells
West Bath
Westmanland
Weston
Westport Island
Whitefield
Whitneyville
Willimantic
Wilton
Windham
Windsor
Winn
Winslow
Winter Harbor
Wiscasset
Woodland
Woodstock
Woodville
Woolwich
Yarmouth
York

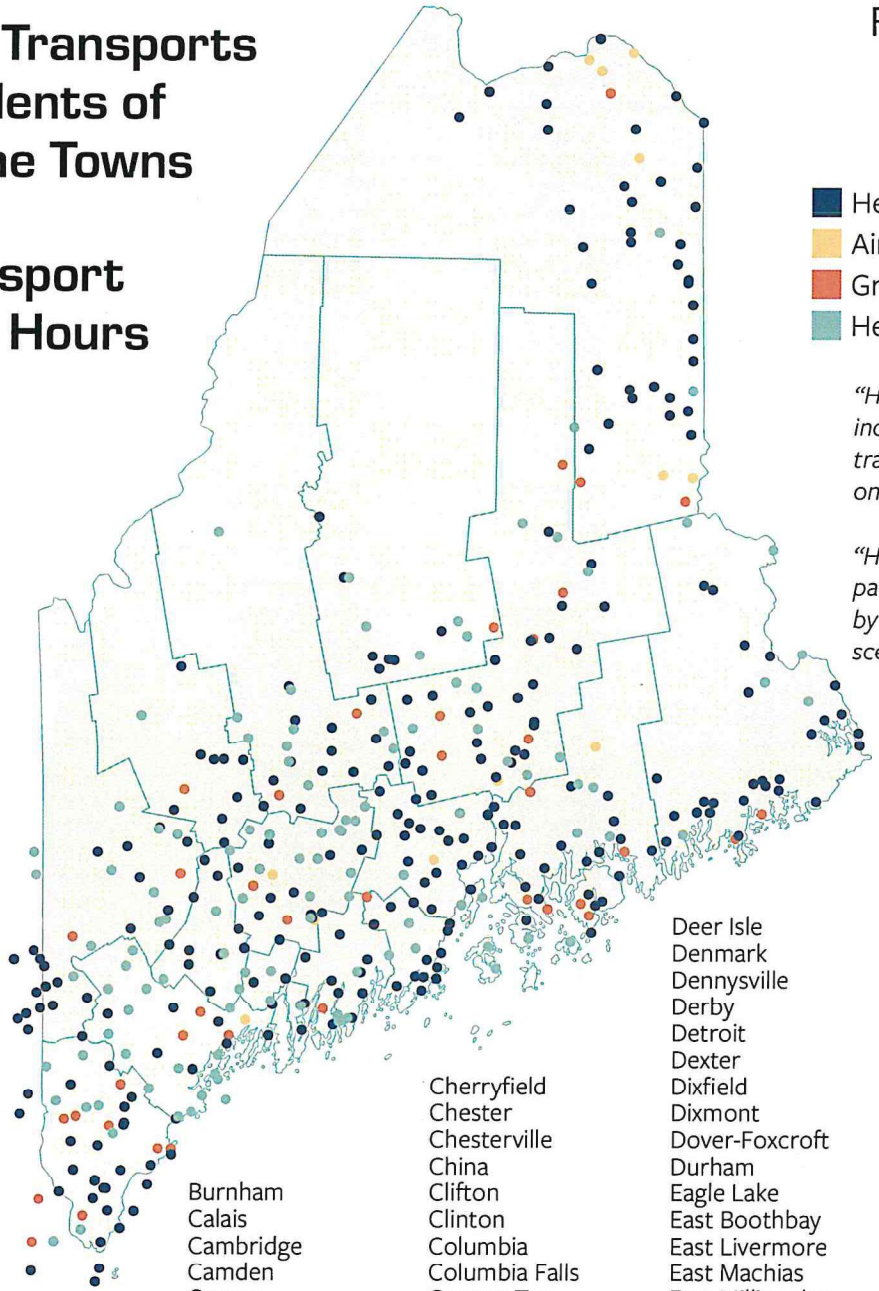
LIFEFLIGHT OF MAINE

Transports by Residency

Fiscal Year 2025

2,876 Total Transports for residents of 435 Maine Towns

1 Transport Every 3 Hours



- Helicopter (Interfacility)
- Airplane
- Ground Ambulance
- Helicopter (Scene)

"Helicopter (Interfacility)" indicates patient who were transported by helicopter from one hospital to another.

"Helicopter (Scene)" indicates patients who were transported by helicopter directly from the scene of an emergency.

Abbot
Acton
Addison
Albion
Alexander
Alfred
Allagash
Alna
Alton
Amity
Andover
Anson
Appleton
Arundel
Ashland
Athens
Auburn
Augusta
Aurora
Avon
Baileyville
Bangor
Bar Harbor
Baring Plt
Bass Harbor
Bath
Beals
Belfast
Belgrade
Belmont
Benedicta
Benton
Bernard
Berwick
Bethel
Biddeford
Big Lake Twp
Bingham
Blaine
Blue Hill
Boothbay
Boothbay Harbor
Bowdoin
Bowdoinham
Bradford
Brewer
Bridgewater
Bridgton
Bristol
Brooklin
Brooks
Brooksville
Brookton Twp
Brownfield
Brownville
Brunswick
Bryant Pond
Bucksport
Burlington
Burnham
Calais
Cambridge
Camden
Canaan
Canton
Cape Elizabeth
Caribou
Carthage
Cary Plt
Casco
Castine
Castle Hill
Chapman
Charleston
Charlotte
Chelsea
Cherryfield
Chester
Chesterville
China
Clifton
Clinton
Columbia
Columbia Falls
Connor Twp
Corinna
Corinth
Cornish
Cornville
Crawford
Cumberland Foreside
Cushing
Cutler
Damariscotta
Danforth
Deblois
Dedham
Deer Isle
Denmark
Dennysville
Derby
Detroit
Dexter
Dixfield
Dixmont
Dover-Foxcroft
Durham
Eagle Lake
East Boothbay
East Livermore
East Machias
East Millinocket
East Waterboro
Eastbrook
Easton
Eastport
Eddington
Edgecomb
Eliot
Ellsworth
Embden
Enfield
Etna
Exeter
Fairfield
Falmouth
Farmingdale
Farmington
Fayette
Fletchers Landing Twp
Fort Fairfield
Fort Kent
Fort Kent Mills
Frankfort
Franklin
Freedom
Freeport
Frenchville
Friendship
Fryeburg
Gardiner
Garfield Plt
Garland
Gilead
Glenburn
Gorham
Gouldsboro
Grand Isle
Gray
Greenbush
Greene
Greenville
Greenville Jct
Guilford
Hamlin
Hampden
Hancock

Sweetser
Promising Futures

Mental Health
Recovery
Education

December 2025

Town Council
Town of Lisbon
300 Lisbon Street
Lisbon, ME 04250

Dear Town Council:

I hope this message finds you well. My name is Jodie Hansen, and I serve as the Director of Development at Sweetser, a nonprofit mental health provider that provides services to individuals and families across Maine.

I'm writing to respectfully request support in the amount of $1,500.00. While Sweetser has not previously received municipal funding from the Town of Lisbon, we have been proud to serve the residents of your community with critical mental and behavioral health services. In the past year alone, 180 Lisbon residents received care from Sweetser, including behavioral health home care, crisis mobile intervention, crisis stabilization unit care, eating disorders treatment, outpatient therapy, primary care integration, psychiatric treatment, and substance use services.

In total, we provided $318,125.77 in services to your community but received only $293,377.68 in payments—leaving a gap that reflects the financial hardship many individuals face when seeking care. Thanks to support from towns like yours, we never turn anyone away due to inability to pay. We also want to make mention that Sweetser does not make donations to other organizations. Any funds raised will be reinvested in helping those in need of the services we provide.

Mental health challenges don't discriminate, and no family should have to choose between getting help and making ends meet. In 2025, Sweetser provided nearly **$1 million** in uncompensated care to Mainers who were uninsured or underinsured. Your continued support ensures that care remains accessible to all, regardless of financial circumstances.

We know how much you care about your community, and we'd be proud to partner with you in this mission. If you have any questions or would like to discuss further, please don't hesitate to contact me directly at **(207) 294-4476** or **jhansen@sweetser.org**.

Thank you for your time, your care for your community, and your consideration of this request.

Sincerely,

Jodie Hansen

Jodie Hansen
Director of Development

Seniors Plus

8 Falcon Road • Lewiston, Maine 04240
1-800-427-1241 • 207-795-4010
Fax: 207-795-4009 • www.seniorsplus.org

January 27, 2026

Town of Lisbon
Diane Barnes, Town Manager
300 Lisbon Street
Lisbon ME 04250

Dear Select Board Members,

SeniorsPlus, the Western Maine Area Agency on Aging serving Androscoggin, Franklin, and Oxford counties, is requesting $1500 to support its work in your town with older people, those with disabilities, and their families.

SeniorsPlus provides a vital network of support and community-based services, including information and assistance, short-term care management, Medicare counseling, caregiver support, health and wellness education, financial management, homecare coordination, Meals on Wheels, and congregate dining. With offices in Lewiston, Wilton, and Norway—and a meal delivery site in Jay—our staff and services are accessible throughout the tri-county region. Enclosed is a summary of the services we provided to residents of your town over the past year.

All services offered by SeniorsPlus are free of charge and available to anyone in need, regardless of income. However, to receive federal funding through the Older Americans Act (OAA), we must demonstrate a local financial match. Your contribution directly supports this match, ensuring continued access to essential services for your residents.

SeniorsPlus touches the lives of some of our most vulnerable neighbors — older adults and individuals living with disabilities. For many, we are the lifeline that enables them to remain independent, safe, and comfortable in their own homes. As Maine's aging population continues to grow, so too does the demand for our programs. Your partnership and financial support are critical to meeting this increasing need.

Thank you for your continued commitment to your community's older residents and for considering our 2026 funding request. Please don't hesitate to contact me if additional information would be helpful.

Respectfully,

Laure Johnson
Community Services Director

LJ/lgg
encl.

SeniorsPlus

Summary of Services Report FY 2024 - 2025

SeniorsPlus is the designated Area Agency on Aging for your county.
Our job is to support your residents in independent living and healthy aging.
We act as a hub of information, assistance, referrals, and education.

SeniorsPlus assisted **203 LISBON** residents during the past fiscal year.

Listed below is a breakdown of those services.

5,494 Meals on Wheels were delivered to **33** residents; value of **$54,940.**
68 meals were enjoyed by **11** residents at SeniorsPlus Social Dining Sites; value of **$680.**
1 resident received Nutrition Education from our monthly handouts.
525 requests for information from **155** residents were answered by Community Services Specialists
47 residents received one-on-one counseling for Medicare.
6 residents saved **$13,320** through Medicare Counseling.
9 residents attended one or more classes at our Education Center or online.
10 residents participated in the Pet Food on Wheels program.
2 residents received Medical Transportation **8** times; value **$55.**
1 resident received Non-Medical Transportation 38 times; value **$213.**
4 family caregivers received **249** hours of support.
1 resident received assistance with Home Modifications.
5 residents were able to borrow needed durable medical equipment from our Loan Closet.
1 resident received telephone reassurance through the Friendly Caller program.

"Community Services got an email from one of our Care Coordinators. She was advocating for her client regarding food insecurity. The client is homebound, and her PSS called out yesterday. The client had no food. Community Services contacted our Nutrition Team for assistance and one of our MOW drivers was able to bring the client meals. Such a great example of teamwork between three different departments at SeniorsPlus."

"Client called to thank us, 'No one has ever helped me as much as you people did.' She lives below the poverty level and when her husband went into nursing home for dementia, they lost his military pension/social security. We reapplied for MSP (Medicare Savings Program), and she was awarded a couple of months retroactively so she said, 'I can buy oil now!' She said, 'The reception at SeniorsPlus is like a homecoming committee and wishes all places treated her so nicely."

Seniors Plus | COMMUNITY SERVICES Information & Assistance

Services Description for 2026

SeniorsPlus is the Community Services Information and Area Agency on Aging for Androscoggin, Franklin, and Oxford counties. The mission of SeniorsPlus is to enrich the lives of older people and adults with disabilities, their families and communities, and to support them to make informed choices.

Nutrition Services:

- Social Dining – Meals are served in a group setting to individuals ages 60 and older, and adults with disabilities. Each meal provides at least 1/3 of the current nutritional recommended daily allowance.
- Meals on Wheels – Home Delivered Meals are served to individuals ages 60 and older, and adults with disabilities, who are homebound and unable to regularly prepare meals for themselves. Each meal provides a minimum of 1/3 of the current nutritional recommended daily allowance.
- Around Town – A restaurant voucher program that allows clients to use a voucher to "buy" a meal at a participating restaurant, using a special SeniorsPlus menu. Meals provide 1/3 of the recommended nutrition and offer socialization with friends and family at a favorite restaurant.
- Pets on Wheels – This wrap-around service to homebound older adults provides pet food to Meals on Wheels clients. This ensures the companionship and meaning in life that pets provide.

Information and Assistance:

Telephone and in-person assistance at no cost. Our aging and disability specialists assist clients by:

- informing them of available resources and services,
- assessing their needs,
- referring them to other agencies as appropriate,
- assisting and advocating for them in gaining access to needed services,
- assisting any adult in identifying options and planning for their future as they age,
- assisting clients with completion of applications for services.

Medicare Counseling:

One-on-one counseling and community education about Medicare, supplemental plans, Part D prescription plans, and how to spot and report fraud. Assistance with applications for Medicare savings programs, understanding confusing Medicare communications, and advocating for corrections to client's policies and claims.

Family Caregiver Support Programs:

Families caring for an older adult, or grandparents caring for grandchildren, receive education and information on support groups, one-on-one support, information on resources in the community, and caregiving skills including the evidence-based Stress Busting program. Those caring for family members who are older, have Alzheimer's or related dementias, have a disability, or are not their biologically child, may be eligible for access to respite funding and access to other needed services.

Community Education:
Education to individuals and communities about health, wellness, prevention, and other issues of importance. SeniorsPlus Education Centers in Lewiston, Norway, and Wilton provide an on-going menu of hybrid classes and workshops. Classes and workshops are diverse and include exercise, technology support, knitting classes, book clubs, caregiver and kinship support, fraud and scam prevention, and understanding Medicare, just to name a few.

Education is also provided by a monthly newsletter reaching all households in the three counties. Additionally, SeniorsPlus now hosts the Aging Well Living Well Expo annually, rotating among the three counties we serve. Each year, a different county — Franklin, Oxford, or Androscoggin — hosts this one-day conference of education and experiential learning for older adults and caregivers.

SeniorsPlus also offers evidence-based workshops. Living Well for Better Health helps participants self-manage chronic disease. Tai Chi for Better Health and Matter of Balance are evidence-based falls prevention workshops.

Money Minders Program:
Assistance to older adults who are having a challenging time managing their finances.
This assistance is provided monthly through our volunteers. Monetary management includes bill paying, budgeting, and checkbook balancing.

Friendly Caller Program:
Older adults connect with trained volunteers to receive weekly social telephone calls. This program provides friendly conversation, socialization, connection with others, and an opportunity to meet new people. Participants are paired with a volunteer and receive weekly calls at an agreed upon time.

Supportive Services:
The Supportive Services Program assists eligible clients by reimbursing some costs for approved services, such as home modifications, chore services, and transportation.

Veterans Directed Care Program:
Providing care coordination for a veteran-directed home care support program. The program focuses on keeping veterans at home who are at risk for nursing home care. Veterans direct their own care and hire their support workers and services.

Short Term Case Management:
Various programs designed to engage, assess, and assist clients with issues related, but not limited, to in-home supports, food insecurity, and coping with stressful life events. Staff can connect clients to services and supports that will assist them to meet their needs.